

SPORTS MOVEMENTS

Please read everyday to your Form Classes

Week 4 - Term 2 - 2011

LIFT YOUR GAME - Your attitude, action, competitiveness and conduct.

School Website	The sports movements are available on the school website. Please ensure your parents know this.
Notice Board	Please check to see what winter sport or activity you are on the board for!!!
See Mrs Rathbone	Please see Mrs Rathbone today Courtney Gettins, Rosie Morgan, Nicole Lansdown
Congratulations	Olivia McLeod - 3rd fastest individual time for the HN Relay cross country run of 9.44mins in the Yr 7 & 8 girls competition! Kim Douglas had the fastest time for her Junior Girls relay cross country lap of 2.2kms (8.55mins) - Great Lifting your Game Girls!
Yr 7/8 Soccer Squad training	All Year 7/8 soccer for St Peters, training with Mrs Hall be ready and prompt at 12.45pm and ready to go on the turf court.
Netball teams	Bib washing , it is your own team members responsibility to wash your bibs weekly after each game please ensure you appoint someone to do this!!! Captains must collect their teams balls and bibs on Friday afternoon.
Hockey Umpires	Monday 23rd 2nd XI - Brooke Guthrie. Thursday 26th 3rd XI - Nicole Lansdown. Jnr Development - Brie Pryde. Jnr B - Lucy Collins
Early Morning Fitness and Tennis sessions	Girls, please do not use the double green doors of the Dining Hall for breakfast. Before school you are allowed to enter through the school front door. If you have sports gear do not leave it in the hall way but please leave it beside the stationary room before going into breakfast.
Monday	23rd May
Yr 7/8 Soccer Squad training	All Year 7/8 soccer for St Peters, training with Mrs Hall be ready and prompt at 12.45pm and ready to go on the turf court. Collect your packed lunches.
Badminton Snr A Practice	Meet Laura in the gym at lunchtime, be prompt and ready with your packed lunches . Also Renee Griffith & Georgia Mossman to practice
Tennis Coaching Group 5 - lunchtime	Meet Kelly at the courts ready to go. Collect your packed lunches.
Jnr White Netball practice	Lunch-time practice meet Jess Bird and Lucy Stratton at the courts. Be their promptly and ready to go. Collect your packed lunches
Netball - Snr Blue Practice	Lunch-time practice with Emma Kingston & Emily Mackie. Be changed, prompt and ready to go. Collect your packed lunches.
Tae kwon do	Tae kwon do starts 3.40pm til 4.40pm in the gym, wear PE Gear and be prompt. List is on the board.
Rock Climbing	Starts this Monday for Grace Emeny and Kelsey Mudgway, meet their bus at Woodford gates at at 3.35pm. Please be on time and waiting!
Yoga - Seniors	Yoga Group One (Seniors) is in the classroom at 3.40pm til 4.40pm see your group on the board
Yoga - Juniors	Yoga Group Two (Juniors) starts 4.45pm til 5.45pm see your group on the board. Late Dinners
Hockey Practice Junior Development	After school Practice meet Mr Heaphy on the turf at 3.40pm to 5pm, changed with your gear and ready to go.
Netball - Snr C Practice	After school practice with Amy McEwan. 3.40pm to 4.30pm. Be changed, prompt and ready to go.
Basketball - Practice	Practice in the gym at 6.30pm to 7.30pm
Hockey Snr 2nd XI - Game	2nd XI v SJMGC 1st XI at 7.15pm on Bluewater field. Meet in courtyard at 6pm BROOKE GUTHRIE UMPIRE. Normal dinner.

Tuesday	24th May
Tennis Coaching Group 2. Before school @	Briar Thomas, Micaella Roadley, Hannah Poole, Tasmin McCormack, Alexandra Gault, Sarah Boyd, Monique Sinton. Early Breakfast.
Hockey 3rds Practice	Lunch-time practice with Kelly Small & Megan Sandford. Collect packed lunches and be prompt!
Netball Snr B	Practice meet Mrs Tacon on the outside netball courts 3.30pm to 4.40pm
Hockey 1st XI - Practice	After school Practice meet Mrs Holder on the turf at 3.40pm to 5pm, changed with your gear and ready to go.
Football 1st & 2nd XI- Training	After school Practice meet Mr Weaver and Mrs Borrie on the bottom field at 3.40pm to 5pm, changed with your gear and ready to go.
Netball Jnr A	Practice meet Mrs Atkinson and Lucy Ross on the outside netball courts 3.30pm to 4.40pm
Netball Jnr 9 All Stars - Practice	Practice after school with Eden and Rebecca. 3.30pm - 4.40pm.
Netball Snr A Game	Snr A v NGHS at Scared Heart @ 5pm Court 1. Leave from courtyard at 3.45pm. Late dinners
Wednesday	25th May
Winter Fitness	Meet Anna Hewitt In the gym starting at 6.45am - 7.45am. Go to breakfast after fitness.
Tennis Coaching Group 1 - lunchtime	Meet at the courts ready to go. Jessica Kane, Olivia Potter, Georgia Mossman, Lucy Bowen, Courtney Brodie. Collect your packed lunches.
Hockey Jnr B Practice	Lunch time Practice meet Mrs Hall, Hannah and Rata on the turf, be prompt and changed with your gear and ready to go. Collect your packed lunches. DO NOT BE LATE TO YOUR PERIOD 5 CLASS!!
Hockey 2nds Practice	After school Practice meet Mrs Mctaggart on the turf at 3.40pm to 5pm, changed with your gear and ready to go.
Netball Fraser	Practice Miss Duff meet on the outside netball courts 3.30pm to 5pm
Tennis Coaching Group 6	Meet at the courts at 3.40pm ready to go. Olivia Spencer 10at, Brittany Tilson 9bn, Alexandra Gault 11th, Nicolette Owen 8.
Badminton - Practice	Practice Meet Mrs Hall in the courtyard ready to jog over to Woodford gym for practice 4pm to 5pm.
Athletics at School	Meet Mr Potts at the track at school at 4.10pm til 5.15pm
Hockey 1st Team Game	You have a BYE
Football Games all teams	Check the notice board for game venues and transport arrangements
Thursday	26th May ST PETERS EXCHANGE
St Peters Tournament	
Netball Snr B Fitness	Training in the gym starting at 6.45am to 7.45am. Be in your track pants, change into uniform before chapel. Late breakfast ordered at 7.45am
Netball - Gartan	Lunch-time practice with Lauren Groundwater and Amy Mossman. Be changed, prompt and ready to go. Collect packed lunches.
Tennis Coaching Group 3 - Lunchtime	Annelise Roadley, Leslie Bolton, Annabel Bates, Briar Thomas 11th, Sarah Boyd 11th, Lucy Bowen 10at. Collect your packed lunches.
Netball - Jnr A - Practice	Lunch-time practice with Mrs Atkinson and Lucy Ross in the gym. Be changed, prompt and ready to go. Collect packed lunches.
Netball Jnr Blue	Practice meet Mrs Jones, Jess Wilson and Libby Averill on the outside netball courts 3.30pm to 4.40pm
Winter Fitness Club	Meet Tiffany Dixon in the gym foyer @ 3.40pm - 4.30pm, changed and ready to go.
Netball Jnr White - practice	After school practice meet Jess Bird and Lucy Stratton at the courts. Be there promptly and ready to go.
Tennis Coaching Group 4	NOTE: This is the normal Fri lunchtime group, for this week only. Meet at the courts ready to go @ 3.30pm. Annabel Beal, Laura Hitchcock, Emma Knight, Harriet Morice, Abby Parnell, Sam Bolton.

Football 3rd Team Training	After school Practice meet Mr Jaques on the bottom field at 3.40pm to 5pm, changed with your gear and ready to go.
Badminton Games	Please check the sports notice board for your Game venues and opposition.
Hockey 3rd XI Game	v NGHS Snr B @ 4.15pm game on Bluewater field. Departing from the courtyard in a Nimmons Bus at 3.15pm. Get changed into your sports uniform at Lunch time and leave class at 3.10pm. Late Dinner. UMPIRE - Nicole Lansdown
Hockey Jnr Dev Game	v NGHS Colts C @ 6pm game on Cape Physio field. Departing from the courtyard Mrs Mason & parent car @ 4.45pm. Late Dinner. UMPIRE - Brie Pryde
Hockey Jnr B Game	v Colenso 1st XI @ 4.15pm game on Bluewater field. Departing from the courtyard in a Nimmons Bus at 3.15pm. Get changed into your sports uniform at Lunch time and leave class at 3.10pm. Late Dinner. UMPIRE - Lucy Collins
Friday	27th May CROSSS COUNTRY
Hockey Team Fitness	No Hockey fitness this week.
Netball - Jnr 9 Allstars	No lunchtime practice today
Netball - McNeil - Practice	No lunchtime practice today
Tennis Coaching Group 4 - Lunchtime	No lunchtime practice today
Sports Detentions	Check the noticeboard for the list 3.30pm to 4.30pm.
Basketball Games	Check noticeboard for times and venues. Late Dinners
Saturday	28th May
Netball Games	Check the Sports and Boarding House noticeboard for times and transport
Sunday	29th May
Netball Snr A Practice	Meet Anne Marie and Mrs Ross for practice in the gym 4pm to 6pm.

Kitchen reference for meals